Welcome to our clinic!

You may already have an appointment to see me and my team, or may be exploring coming to see us for your cancer care.

We have a strong team dedicated to caring for patients with GI cancers and brain tumors. We look forward to helping you in your fight against cancer.
About me: Dr. Emil Lou

• Medical Oncologist
  – Specializing in GI cancers (cancers of the esophagus, stomach, liver, pancreas, and colon)
• Also a Neuro-Oncologist (Brain Tumors)
• Medical training: Duke University Medical Center (Internal Medicine residency; Neuro-Oncology); Memorial Sloan-Kettering Cancer Center (Medical Oncology)
• Board-certified in Medical Oncology and Internal Medicine, through the American Board of Internal Medicine (ABIM)
• Assistant Professor of Medicine, University of Minnesota
• A Physician (M.D.) and Scientist (Ph.D)
• Dedicated to fighting cancer
Our clinic team

• Medical oncologist – Dr. Emil Lou
• Nurse care coordinator
• Physician Assistants (PA’s) and Nurse Practitioners (NP’s)
• Doctor of Pharmacy (Pharm.D)
• Registered Nurses (RN’s)
• Social workers
• Financial counselors
• Front desk clerks
• Clinic manager
Specialists who help us care for our cancer patients

- Palliative Care team (board-certified physicians who specialize in Palliative Care, including *but not limited to* pain and symptom management, anxiety/depression, and coping with cancer).
- Nutritionists/Dieticians
- Surgeons
- Radiation Oncologists
- Interventional Radiologists
How to prepare for your visit

• Allow enough time for travel and parking. Driving around the University area can be confusing – feel free to let us know if you need directions in advance.

• Maps and online directions:
How to prepare for your visit

• Bring all your medications and supplements – this will help avoid misunderstandings or miscommunication about medication changes or suggestions.

• Write down your questions in advance and bring them with you. My goal is to focus on addressing your concerns and questions during our visit together. I want to make sure that whatever decision you make, that it is the right one for you.

• More information:
  – http://www.umphysicians.org/for-patients/about-your-visit/index.htm
Medication review

• I encourage you to bring all of your bottles and medications to each visit.

• Careful and accurate review of your medications is essential to the good practice of medicine.

• Lists and computerized medical records may not be up-to-date.
Medication review

• Medications include any over-the-counter medications, herbal or alternative supplements, and vitamins.

• Our nurses will help update your lists when you check in for each visit.

• Our Doctor of Pharmacy (Pharm.D) is available by appointment to review your medications for potential medication reactions, allergies, and to make recommendations for medication changes.
How to prepare for your visit

• Arrange for outside medical records to be sent in advance of the date of the visit.
• Communicate with our new patient coordinators to ensure all information has arrived.
• If you have already had an outside biopsy or radiology scans (example: CT scan), have the actual CD-ROMs and written reports sent to our clinic at least a week in advance.
What Dr. Lou and Team do to prepare for your visit

• Our expert pathology team reviews your biopsy slides to ensure you have an accurate diagnosis. This can take several days, but is important.

• Dr. Lou reviews your outside records in advance, and orders tests that will be important to formulating a treatment plan.

• Your CT scans will be loaded into our computer system.

• Dr. Lou may present your case to our expert Tumor Board in advance of your visit, to ensure a plan is in place and to expedite your care.

• Our nurse care coordinator or another team member will call to confirm your appointment, and pre-review your medications by phone.
How to prepare for your visit: Early check-in

• We invite you to check in 35-45 minutes in advance of the scheduled appointment time.

• Why? Good question!
  – This allows enough time for you to check in with our front desk staff; if a blood draw is indicated, blood samples will be drawn at this time. Our nursing staff will check your blood pressure and temperature and escort you to the examination room, where they will carefully review your medications and any concerns you might have.
  – Our staff takes pride in doing a good job to help you – arriving early gives them a chance to serve you the way you deserve, and is a way to ensure all of our patients get the on-time service and attention they deserve.
What your visit will be like

• Check-in with front desk and nurses 35-45 minutes in advance of appointment time.

• Consultation with Dr. Lou
  – 60 minute visit if you are new to our clinic.
  – Careful review of your case history, complete physical exam.
  – Focus on you: addressing your concerns and answering your questions.
  – My goal: to have you leave with a plan and be reassured that we will do everything possible to help you through this difficult time.

• Scheduling follow-up appointments and arrangement for treatment or tests: done immediately following the visit, before you leave.
Internet resources

• Cancer.net (from the American Society of Clinical Oncology) – website, also available as an App on your smartphone.
• Dr. Lou’s Provider Bio on the U of M website:
  http://www.uofmmedicalcenter.org/Providers/Bio/S_066948
Contact information for the Masonic Cancer Center

• Mailing address:
  Masonic Memorial Building
  First Floor, Suite M100
  424 Harvard St. SE
  Minneapolis, MN 55455

Contact

• Appointments: 612-672-7422
• Questions: 612-625-5411
Request an appointment online

- University of Minnesota Medical Center, Fairview appointment request website
  - https://sslforms.fairview.org/ummcclinicapt/ummcclinicapt.asp
- UMP Physicians Cancer Care website:
Clinical trials at the University of Minnesota

Thank you

• Thank you for exploring what we have to offer.
• We look forward to meeting you and being on your cancer-fighting team!